Public Health-related Majors

Bachelor of Arts (BA) in Health, Behavior, and Society

This major has 12 required and 1 pre-requisite course. It is a Bachelor of Arts major that satisfies the Social Science requirement of the Rochester Curriculum.

Key goals for this major:

- Understand the psychological and societal structures and mechanisms affecting human health behavior;
- Understand that health and disease do not depend uniquely on biological mechanisms, but include societal and cultural influences as well;
- Understand that psychological and behavioral factors affect human health, and interact with surrounding economic and environmental conditions; and
- Understand the role of behavioral theory, research, and clinical practice in the promotion and maintenance of physical health and well-being.

Requirements of the Major:

**A. Pre-requisite Courses:**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 101</td>
<td>Introduction to Psychology</td>
</tr>
</tbody>
</table>

**B. General Core (5 courses):**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Prerequisites</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHLT 101</td>
<td>Introduction to Public Health I</td>
<td></td>
</tr>
<tr>
<td>PHLT 102</td>
<td>Introduction to Public Health II</td>
<td>PH 101</td>
</tr>
<tr>
<td>PHLT 103</td>
<td>Concepts of Epidemiology</td>
<td></td>
</tr>
<tr>
<td>STAT 212</td>
<td>Appl. Statistics I (STAT 212)</td>
<td>or</td>
</tr>
<tr>
<td>PHIL 228</td>
<td>Public Health Ethics (228)</td>
<td>or</td>
</tr>
<tr>
<td>(PHIL 228W)</td>
<td>Ethical Decisions in Medicine (225)</td>
<td></td>
</tr>
<tr>
<td>PHIL 225</td>
<td>Prerequisites: 1 in PHL or permission of instructor</td>
<td></td>
</tr>
</tbody>
</table>
C. Specific Core Requirements (3 courses):

- ANTH 216 or Medical Anthropology (ANTH 216) or
- Public Health Anthropology (PHLT 215)
  
  *Prerequisite ANT 216: 1 in ANTH
  *Prerequisite PH 215: ANTH 101 or PHLT 101

- PHLT 116 Introduction to the U.S. Health System

- PSYC 283 Behavioral Medicine
  
  *Prerequisite: PSYC 101

D. Electives (4 courses required)

- BCSC 246 Biology of Mental Disorders
  
  *Prerequisite: BCSC 240 (NSCI 201)

- CASC 394C European Health Sciences Internship

- CLST 208 Healing in Antiquity

- GSW 206 The Global Politics of Gender and Health

- GSW 213 Politics of Nature

- GSW 232 Body and Sexuality

- HIST 203/ HIST 203W Childhood, Health and the Formation of US Social Policy

- HIST 303W International Human Rights

- HIST 359W Birth in the Nation: A History of Reproduction

- HIST 373W American Health Policy and Politics

- HIST 383W Disease and Society from Antiquity to the Present
  
  Capped at 18 students

- INTR 205 Global Sustainable Development: Policy and Practice

- INTR 237 Gender and Development
MHB 220  Stories in Healthcare: Clinicians, Patients, and Narrative Medicine  
*Open to juniors and seniors*

PHLT 216  Peer Health Advocacy  
Valid until spring 2022

MUR 236  Music, Ethnography, and HIV/AIDS  
*Instructor permission required*  
Prerequisites: Student should describe interest in music study, ethnography, HIV/AIDS, and completed music, anthropology, public health, African studies, gender studies, or other related coursework

PHLT 234W  Maternal, Child and Adolescent Health (MCH): Policy and Advocacy  
*Juniors and seniors only*  
Prerequisites: PHLT 116, PHLT 236, or PHLT 230 or permission of instructor

PHLT 236 or PHLT 230  Health Care and the Law (PHLT 236)  
Public Health Law (PHLT 230)  
Prerequisites: PHLT 116

PHLT 265W  Global Health  
Prerequisites: ANTH 101 or PHLT 101

PHLT 394A  Peer Health Advocacy Internship*  
*In order to have PHLT 394 count as a HBS elective course, students must complete a total of 4 credit hours of PHLT 394A*  
Valid until fall 2022

PHLT 394C  Washington Semester Internship  
*Special application required*  
PERMISSION OF HBS FACULTY ADVISER REQUIRED

PHLT 394D  Health Department Internship  
Prerequisites: PHLT 101, PHLT 102, PHLT 103  
Open to juniors, seniors, Take 5 & e5 PH majors  
*Special application required*  
PERMISSION OF HBS FACULTY ADVISER REQUIRED

PHLT 397W  Community Engagement Internship  
Prerequisites: PHLT 101; PHLT 102; PHLT 103  
Open to juniors, seniors, Take 5 & e5 PH majors

PSCI 255  Poverty and Development
PSYC 209  Psychology of Human Sexuality  
**Prerequisite:** PSYC 101

PSYC 230  Psychology of Well-Being  
*Instructor permission required  
**Prerequisite:** PSYC 101

PSYC 262  Human Motivation  
**Prerequisites:** PSYC 161 or PSYC 181

RELC 183  Incarceration Nation

WRTG 266  Words Have Power: Writing for Social Change  
**Prerequisites:** Completion of Primary Writing Requirement

**Students may use up to 2 PHLT internship courses towards their public health major.**

**E. Upper-Level Writing Requirement:**

Students will be required to register for two upper-level writing courses within this major. The courses designated with (W) have writing requires that would satisfy the Rochester Curriculum’s upper-level writing requirement. Students would register for the “W” section. The registration rules for new or existing College courses are determined by their respective home departments.

**Honors Program:**

Students will be invited by the Public Health-Related Programs to apply to the research honors program. Invitations are based on a 3.60 grade-point average in the five Public Health-related Common Core Courses (all five courses need to have been completed by the end of junior year) and on progress toward finishing requirements for the major. Students who receive an invitation will need to formally apply to Public Health-Related Programs to enroll in the honors program.

To graduate with honors in health, behavior, and society, students must complete the major; complete the at least one advanced course designated with (H)]; complete ten credits hours over and above the credits required for the major (students must successfully complete 3 credit hours of PHLT 389 ‘Public Health Honors Seminar.’ Students must also successfully complete 7 credit hours of PHLT 393 ‘Public Health Honors Research’ with an approved faculty advisor); have a cumulative grade-point average of at least a 3.60 in the major; and complete a distinguished research paper under the direction of a faculty advisor. The thesis must be of at least A- quality. Students will not receive honors for a thesis that does not meet this minimum standard.

**Distinction Program:**

This major will offer a distinction program in which the terms “distinction”, “high distinction”, and “highest distinction” will reflect the quality of performance in the major. A GPA of at least 3.40 will qualify for “distinction,” a GPA of at least 3.60 will qualify for “high distinction”; and a GPA of at least 3.80 will qualify for “highest distinction.”
For Double Majors:
Due to the interdisciplinary nature of the Public Health-Related programs, *no more than two* courses may overlap between a public health major and another major. Pre-requisite courses and the introductory STAT course (STAT 212) are not included in the overlap.

Note: Students may choose to major, or to minor, or to complete a cluster within the Public Health-Related program, but they cannot do more than one.

Transfer Credit:
Students are permitted (with the approval of their public health faculty advisor) to use *up to two* transfer courses towards their public health program.