

Sisterhood and an Introduction to Feminism

Week 4 Agenda:

I.) Names and Ice Breakers (7:00-7:05)

- What's the last book you read or movie you saw?

II.) Sisterhood Discussion (7:05-7:15)

- Focus on concept instead of definition
- Examples of engaging in sisterhood in classroom
 - i.e. clapping during highlights, signing in everyone, trying to remember names, taking care of each other's babies, not judging each other, etc.
 - tie in common goals of being better people/better mothers
- Reminder how you do not have to give up on self, do not have to be best friends, and no one is perfect in sisterhood
- By being the best you can be, you are in a better position to help others

III.) Definitions of sexism, feminism, and feminist (7:15-7:25)

- Flip sheet to reveal pre-written definitions
- How these definitions relate and importance of both sisterhood and feminism
- Difference between feminism/feminist (feminism as movement against sexism)

IV.) Expression of their own stories (7:25-7:45)

- Where they want to be after leaving the house? How can they use sisterhood and feminism to help them get there? (10 mins to write)
- 10 minutes to share with group

V.) Wrap-Up (7:45-8)

- Give out Totes/Explain resource sheets in totes
- Class Evaluations
- Pictures/Diplomas?
- Highlights of the day last (?)