

Sisterhood and an Introduction to Feminism

Week 2 Agenda

Goals

- Facilitate Group Participation
- Begin discussing concept of “sisterhood” and its representation in the media

I.) **Introductions (7:05-7:10)**

- A.) Group Leader Introductions – We’ll introduce ourselves to the group.
 - 1.) Point out Ground Rules
 - 2.) Who we are (names, etc)
 - 3.) Ice-breaker: name a famous woman that you admire (living or dead)
- B.) Introductions to the Women
 - 1.) Their names
 - 2.) Ice-breaker: name a famous woman that you admire (living or dead)

II.) **Roots of Anti-Sisterhood (7:10-7:20)**

- A.) We’ll lead a discussion on gender socialization
 - 1.) Lead discussion through PowerPoint presentation

III.) **Personal Experiences w/ Sisterhood @ Sojourner (7:20-7:30)**

- A.) Introduce how Sojourner can be an opportunity to provide for other women
 - Reference Cheryl from TVM dinner (opportunity to learn and support the women she lived with... made her a better mother... etc)
- 1.) Ask women to write down one goal for a way they can better support the women in their lives
- 2.) Ask if they feel comfortable sharing

IV.) **Small Groups (3 groups of 4) (7:30-7:55)**

- A.) Break up into small groups
 - 1.) count off by 3s
- B.) Scenarios (7:30-7:45)
 - 1.) Introduction to Activity –hand out scenarios and ask the women to decide as a group why each of the women in the scenarios acted the way that they did and how you would have felt as each one of the characters
 - 2.) Assign scenarios (1 per group- cleavage, rumor, and cheating boyfriend)
 - 3.) Everyone will briefly join a group (read scenario, leave, come back and check-in with them)
 - 4.) Presentations
 - The activity leader will read the scenario
 - The activity leader will ask each group to report back
 - 5.) Ask everyone to stay in groups!
- C.) Movie Clip (7:45-7:55)
 - 1.) Intro to Activity- We’ll watch a brief clip from a movie and then in the small groups discuss what the clip could have looked like if it had sisterhood
 - 2.) Ask each group to rewrite the scene to include sisterhood
 - 3.) Each group reports back to everyone (facilitated by activity leader)

V.) **Highs of Everyone’s Day (7:55-8:00)**