WIBS (3/25)

Next meeting – how to give a talk

Please fill out the non-academic careers survey!

Update on parental leave policy for students – posted to WIBS website

8 weeks paid leave (not the same as NYS employee benefits)

Gonna meet with dean of graduate student policy and lobby to change the policy for ASE

And also have the option to take 8 weeks unpaid automatically, not go through the crazy approval policy – also ask for 12 weeks paid

Maybe childcare grants from the college? Looking into

What would you get out of having connections?

More options for post doc positions/ careers/ graduate programs

Staying connected to the field you’re in – getting collaborators

Resources for your future research

Submitting a paper – reviewers

Mental and emotional health of having a good support network – also having a network outside your field

Who you ask to speak at meetings etc. – you can also ask your friends to invite you for a talk

\*diversify EEB list and add yourself so you can search for people – chemistry and microscopy, synthetic biology as well (search online)

\*Women have smaller networks than men and perpetuate less women in the field

1. Conferences
2. Overwhelming especially at big conferences
3. You can skip talks and take breaks
4. It can be super awkward and isolating
5. They do get easier over time and you make conference buddies and they introduce you to more conference buddies
6. Undergraduates can ask all the questions they want
7. What are you? Post doc, grad student, PI – will people be offended you asking them?
   1. Where are you from, what do you do? Are good questions
8. Small conferences tend to be easier to meet other people
9. Advice
   1. Have goals going in
      * Meet X many people who are important in your field and talk to them
   2. Invite people to your poster (important people)
   3. If you want an introduction from your PI or postdoc or something, ask explicitly
   4. Talk about if you’re interested in their lab first off
   5. Set up meetings with people
   6. Have a buddy system for conferences and know who to report stuff to
      * Report through UR
      * Report to security system at conference (code of conduct should have that info)
10. Alcohol at conferences
    1. Have to own not drinking
    2. Not being able to hear people is annoying, but talk to important people during the day
    3. Skipping the bar because you’re tired
    4. Meeting with people and asking to go on a walk or something rather than screaming at a bar and having mini conversations
    5. As long as you have something in your hand, people won’t ask questions
    6. Don’t try to give away your beer tickets (people will be too annoying and surprised)
    7. Also just stop caring????????????????????????????????
    8. People care a lot less than you think
    9. Drunk people tell you a lot
    10. Try to offer alternatives instead of bars and see what people want
    11. Instead of drinking with PI’s and that’s scary, you can ask to go to lunch or insert yourself to their social events
11. How to end a conversation without making an excuse
    1. You CAN use an excuse
    2. “it was nice talking to you” – be emphatic and thankful and then ROLL
       * Offer future connections then roll
    3. Don’t ghost (you could fade out if it’s a big circle) (6 people min.)
    4. Catch some eyes and wave goodbye silently and dip
    5. Exchange yourself out for someone who looks nothing like you
12. How to insert yourself
    1. Science talk or personal talk?
    2. Have a specific goal in mind when you talk to people so you figure out what you should talk about and where to lead the conversation
    3. Where are you from, what’d you think of that talk, etc.
    4. Remember everyone has had a bunch of science stuff all day! They probably don’t want to talk about science more
    5. Mostly you don’t want nitty gritty details on their science unless you do
    6. Ask if anyone minds if you join them – no matter your age! Don’t feel afraid to introduce yourself
    7. Adults should try to be aware and invite people – make sure everyone is introduced
13. Networking outside of conferences
    1. People within your department or connections and maintain them and keep them close
    2. Make a list of “people I know” if you want………
       1. start young (also start young making friends with people in your department)
       2. People on the list are people who WOULD do the thing you ask them to do
    3. Doesn’t have to be the most important people in the field
       1. have a good network of peers as well, not just old famous people
       2. connect with different types of people as well
    4. There are nonlinear ways to meet people (know someone who knows someone)
14. Networking doesn’t always work
    1. Don’t feel bad!
    2. Important people may not be interested in you, just end it and roll
15. For doing posters – have different versions of explaining your stuff 5 min, 2 min, 30 sec.
    1. Have to adjust – just skip to the end
    2. Conferences are probs 30 sec type people
    3. If you don’t want to say no to listening about someone’s poster, you can ask for the 30 second version or ask to look over their poster and ask a question
    4. Say hello no matter who you are
    5. Usually you can look at all the posters beforehand and only go to the ones that you like
    6. Poster sessions suck
    7. Can also go look at the poster after a poster session/ before and if you have questions, you can email them afterwards to meet and talk about it over coffee etc.