Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Aetna Student Health: University of Rochester - SHIP

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This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at https://www.aetnastudenthealth.com/en/school/686156/members.html or by calling 1-800-897-7042

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0	See the chart starting on page 2 for your costs for services this plan covers.
Are there services this plan doesn't cover	Yes.	Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about <u>excluded services</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For Preferred Care, Individual: \$6,350/Family: \$12,700 per policy year	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Non-Preferred Care, Penalties,</u> <u>Premiums, balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Does this plan us a <u>network</u> of <u>providers</u> ?	Yes. For a listing of participating providers, see <u>https://www.aetnastudenthealth.co</u> <u>m/schools/rochester</u> or call 1-800- 897-7042	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the cost of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the tern in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

- **<u>Copayments</u>** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive service.
- <u>Coinsurance</u> is your share of the cost of a covered service, calculated as a percent of the allowed amount for the service. For example, if the plans allowed amount for an overnight hospital stay is \$1,000, your coinsurance payment of 20% would be \$200.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the allowed amount is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use participating providers by charging you lower copayments and coinsurance amounts.

Common Medical Event	Services You May Need	What You Preferred Provider (You will pay the least)	u Will Pay Non-Preferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$25 <u>copay/</u> office visit	\$25 <u>copay,</u> 30% <u>coinsurance</u>	None	
If you visit a health care	<u>Specialist</u> visit	\$25 <u>copay</u> /office visit, 30% <u>coinsurance</u> without referral	\$25 copay 30% <u>coinsurance</u>	None	
<u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	Preventive: 30% <u>coinsurance</u> Immunizations: 20% <u>coinsurance</u>	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	0% <u>coinsurance</u> 30% <u>coinsurance</u> without referral	30% coinsurance	None	
n you nave a lest	Imaging (CT/PET scans, MRIs)	0% <u>coinsurance</u> 30% <u>coinsurance</u> without referral	30% <u>coinsurance</u>		
If you need drugs to treat your illness or condition	Generic drugs	\$10 <u>copay</u> /prescription (retail),	\$10 <u>copay</u> /prescription (retail),		
More information about prescription drug coverage	Preferred brand drugs	\$30 <u>copay</u> /prescription (retail).	\$30 <u>copay</u> /prescription (retail).	Covers up to a 00 day supply (retail) at one conv	
is available at www.aetna.com/individuals-	Non-preferred brand drugs	\$60 <u>copay</u> /prescription (retail).	\$60 <u>copay</u> /prescription (retail).	Covers up to a 90-day supply (retail) at one copy per 30 day supply.	
families/find-a-medication.html	Specialty drugs	\$60 <u>copay</u> /prescription (retail).	\$60 <u>copay</u> /prescription (retail).		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% coinsurance	20% coinsurance	May require pre-authorization or referral, refer to policy for details.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Preferred Provider	Non-Preferred Provider	Information	
		(You will pay the least)	(You will pay the most)		
	Physician/surgeon fees	0% <u>coinsurance</u>	20% coinsurance	None	
If you need immediate	Emergency room care	0% <u>coinsurance</u> \$100 <u>copay</u> /visit	0% <u>coinsurance</u> \$100 <u>copay</u> /visit	<u>Copay</u> waived if admitted. Non-Preferred <u>emergency room care</u> cost-share same as Preferred. No coverage for non-emergency care.	
If you need immediate medical attention	Emergency medical transportation	0% coinsurance	0% <u>coinsurance</u>	Non-Preferred cost-share same as Preferred.	
	<u>Urgent care</u>	0% <u>coinsurance</u> \$25 <u>copay</u> /visit	0% <u>coinsurance</u> \$25 <u>copay</u> /visit	No coverage for non-urgent use.	
If you have a hospital stay	Facility fee (e.g., hospital room)	0% coinsurance	30% coinsurance	May require pre-authorization or referral, refer to policy for details.	
	Physician/surgeon fees	0% coinsurance	30% coinsurance	None	
If you need mental health, behavioral health, or	Outpatient services	\$10 <u>copay</u> /office visit,	\$25 copay/office visit 30% <u>coinsurance</u>	None	
substance abuse services	Inpatient services	0% coinsurance	30% coinsurance	May require pre-authorization or referral, refer to policy for details.	
	Office visits	No Charge	20% coinsurance	Cost sharing does not apply to certain preventive	
If you are pregnant	Childbirth/delivery professional services	0% <u>coinsurance</u>	20% coinsurance	<u>services</u> . Depending on the type of services, <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery facility services	0% <u>coinsurance</u>	20% <u>coinsurance</u>	Pre-authorization required for all inpatient maternity & newborn care, after the initial 48 hours for vaginal delivery or 96 hours for a cesarean section.	
	Home health care	0% coinsurance	\$10 <u>copay</u> /visit 30% <u>coinsurance</u>	None	
If you need help recovering or have other special health	Rehabilitation services	\$10 <u>copay</u> /visit 0% <u>coinsurance</u>	\$10 <u>copay</u> /visit 30% <u>coinsurance</u>	Refers to Physical, Occupational & Speech	
needs	Habilitation services	\$10 copay/visit 0% <u>coinsurance</u>	\$10 <u>copay</u> /visit 30% <u>coinsurance</u>	Therapies.	
	Skilled nursing care	0% coinsurance	30% coinsurance	Pre-authorization required	

Common Medical Event	Services You May Need	What You Will PayPreferred ProviderNon-Preferred Provider(You will pay the least)(You will pay the most)		Limitations, Exceptions, & Other Important Information	
	Durable medical equipment	0% coinsurance	30% coinsurance	None.	
	Hospice services	0% coinsurance	30% <u>coinsurance</u>	Pre-authorization required	
	Children's eye exam	No Charge	30% coinsurance	One exam per 12-Month Period	
If your child needs dental or eye care	Children's glasses	No Charge	30% coinsurance	Coverage limited to one pair of glasses/year (lenses & Frames) per policy year.	
	Children's dental check-up	No Charge	0% coinsurance	Coverage is limited to 1 exam every 6 months.	

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture (Except when used in lieu of other anesthesia
- Long Term Care
- Private Duty Nursing

- Cosmetic Surgery
- Dental Care (Adult)

- Routine eye care (Adult)
- Routine Foot Care
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)					
Bariatric surgery	٠	Hearing aids	•	Non-emergency care when traveling outside the U.S	
Chiropractic	•	Infertility treatment – except for Advanced			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For more information on your rights to continue coverage, contact the plan at 1-800-897-7042
- You may also contact your state insurance department.
- Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Aetna at **1-800-897-7042**. You may also contact your state insurance department at, Community Health Advocates, 633 Third Avenue, 10th Floor, New York, NY 10017, (888) 614-5400 or email cha@cssny.org

Does this plan provide Minimum Essential Coverage? Yes.

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage. "This plan or policy <u>does provide</u> minimum essential coverage.

Does this plan meet Minimum Value Standards? Yes.

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-897-7042. [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-897-7042 [Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-897-7042 [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-897-7042.

—To see examples of how this plan might cover costs for a sample medical situation, see the next section.—



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Having a Baby (9 months of in-network pre-natal hospital delivery)	care and a	Managing type 2 Diabe (a year of routine in-network care controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)		
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> <u>copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$0 \$0 0% 0%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$0 \$25 0% 0%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$ <mark>0</mark> \$10 0% 0%	
This EXAMPLE event includes servi Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Service Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and bloot</i> Specialist visit (<i>anesthesia</i>)	es	This EXAMPLE event includes service Primary care physician office visits (<i>includes ase education</i>) Diagnostic tests (<i>blood work</i>) Prescription drugs Durable medical equipment (<i>glucose m</i>	luding	This EXAMPLE event includes serv Emergency room care (including med supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical thera	ical)	
Total Example Cost	\$12,800	Total Example Cost	\$7,400	Total Example Cost	\$1,900	
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:		
Cost Sharing		Cost Sharing		Cost Sharing		
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0	
Copayments	\$100	Copayments	\$990	Copayments	\$415	
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0	
What isn't covered		What isn't covered		What isn't covered		
Limits or exclusions	\$60	Limits or exclusions	\$55	Limits or exclusions	\$0	
The total Peg would pay is	\$160	The total Joe would pay is	\$1,045	The total Mia would pay is	\$415	