Sisterhood and an Introduction to Feminism

Week 4 Agenda:

I.) **Names and Ice Breakers (7:00-7:05)**
   - What’s the last book you read or movie you saw?

II.) **Sisterhood Discussion (7:05-7:15)**
   - Focus on concept instead of definition
   - Examples of engaging in sisterhood in classroom
     i.e. clapping during highlights, signing in everyone, trying to remember names, taking care of each other’s babies, not judging each other, etc.
   - Tie in common goals of being better people/better mothers
   - Reminder how you do not have to give up on self, do not have to be best friends, and no one is perfect in sisterhood
   - By being the best you can be, you are in a better position to help others

III.) **Definitions of sexism, feminism, and feminist (7:15-7:25)**
   - Flip sheet to reveal pre-written definitions
   - How these definitions relate and importance of both sisterhood and feminism
   - Difference between feminism/feminist (feminism as movement against sexism)

IV.) **Expression of their own stories (7:25-7:45)**
   - Where they want to be after leaving the house? How can they use sisterhood and feminism to help them get there? (10 mins to write)
   - 10 minutes to share with group

V.) **Wrap-Up (7:45-8)**
   - Give out Totes/Explain resource sheets in totes
   - Class Evaluations
   - Pictures/Diplomas?
   - Highlights of the day last (?)