

Sisterhood and an Introduction to Feminism

Week 3 Agenda:

I.) **Connect last week to this week:** (7:00-7:05)

II.) **Icebreaker:** (7:05-7:10)

- What do you think of when you hear the word “feminist”/think of feminists?
- Have the women start it
- After the women are finished, we can say “Since I identify as a feminist, people have thought _____ about me”

III.) **“This is what a Feminist Looks Like:”** (7:10-7:15)

- Pass around diverse pictures of women/men wearing the “This is what a Feminist Looks Like” shirts
- Talk about how feminists can be anyone/very diverse (include gender, race, sexual orientation)

IV.) **Definitions:** (7:15-7:25)

- Go over definitions of feminism, sisterhood, sexism
- What it means to be a “feminist”
- What it means to have “sisterhood” in your life
- Connection between “feminism” and “sisterhood”

V.) **Group Work:** (7:25-7:45)

A. -Have women split into groups of three

- Ask them to think of at least three problems that women (in general) face that men usually don't worry about
- Make the distinction that these should be gendered problems, not biological!
(Ask if anyone remembers what “gender” is? Does anyone know what a “gendered problem” means? Gendered roles?)
- One co-instructor will help with each group

B. **Discussion** (one co-instructor will write on board and ask each group for a “problem,” everyone will help facilitate discussion)

- Go over the problems they came up with (take one “problem” from each group)
- Discuss the roots of that problem
- Relate it to feminism (a feminist lens allows you to see why it's a problem)
- Relate it to sisterhood

VI.) **Movie Clips:** (7:45-7:55)

- Cinderella, clip without sisterhood
- Sister Act, clip with sisterhood
- Discuss the clips, reactions, etc.

VII.) **Highlight of the day:** (7:55-8:00)