Sisterhood and an Introduction to Feminism

Week 2 Agenda

Goals
- Facilitate Group Participation
- Begin discussing concept of “sisterhood” and its representation in the media

I.) Introductions (7:05-7:10)
   A.) Group Leader Introductions – We’ll introduce ourselves to the group.
      1.) Point out Ground Rules
      2.) Who we are (names, etc)
      3.) Ice-breaker: name a famous woman that you admire (living or dead)
   B.) Introductions to the Women
      1.) Their names
      2.) Ice-breaker: name a famous woman that you admire (living or dead)

II.) Roots of Anti-Sisterhood (7:10-7:20)
   A.) We’ll lead a discussion on gender socialization
      1.) Lead discussion through PowerPoint presentation

III.) Personal Experiences w/ Sisterhood @ Sojourner (7:20-7:30)
   A.) Introduce how Sojourner can be an opportunity to provide for other women
      - Reference Cheryl from TVM dinner (opportunity to learn and support the women she lived with… made her a better mother… etc)
      1.) Ask women to write down one goal for a way they can better support the women in their lives
      2.) Ask if they feel comfortable sharing

IV.) Small Groups (3 groups of 4) (7:30-7:55)
   A.) Break up into small groups
      1.) count off by 3s
   B.) Scenarios (7:30-7:45)
      1.) Introduction to Activity – hand out scenarios and ask the women to decide
         as a group why each of the women in the scenarios acted the way that they did and how you would have felt as each one of the characters
      2.) Assign scenarios (1 per group- cleavage, rumor, and cheating boyfriend)
      3.) Everyone will briefly join a group (read scenario, leave, come back and check-in with them)
      4.) Presentations
         - The activity leader will read the scenario
         - The activity leader will ask each group to report back
      5.) Ask everyone to stay in groups!
   C.) Movie Clip (7:45-7:55)
      1.) Intro to Activity- We’ll watch a brief clip from a movie and then in the small groups discuss what the clip could have looked like if it had sisterhood
      2.) Ask each group to rewrite the scene to include sisterhood
      3.) Each group reports back to everyone (facilitated by activity leader)

V.) Highs of Everyone’s Day (7:55-8:00)